

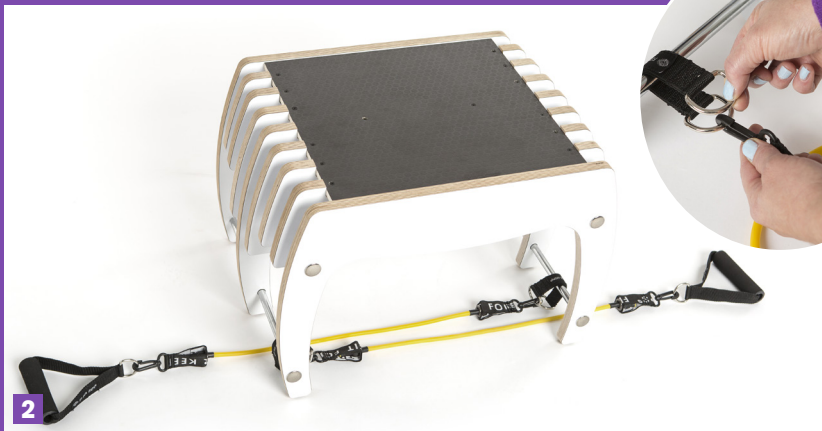


Cross Over Set Up



1

Remove the drawer from the Tuffit frame. Attach handles to each resistance tube.



2

Using the D Ring Connector, clip the tubing to the lower Tuffit rail and cross it underneath, then repeat on the opposite side.